

Vulnerable yet unwavering, Nellie June tries to make sense of the meaningless

Swedish singer/songwriter Nellie June, 27, leaves her bedroom with new, self-produced, intimate album about change, loss, mental illness and longing.

”Scars are often understood better than aching that doesn’t show
And I don’t think I will ever be fine with you not being here”
(*I Imagine You Soar*, from the new album *Changes*)



After a trying and stressful 2018 Nellie June felt like she was close to burning out. Later, when a close friend took her own life in 2019, she desperately needed a change. Exhausted, Nellie June indefinitely left medical school and took her refuge in music. Through songwriting she could begin to make sense of overwhelming emotions and let the music guide her forward. Taking that step became the starting point of what is now her debut album *Changes*, eight songs with change as common ground, recorded in her studio (which also happens to serve as her bedroom). As the sole songwriter, musician, producer, and mixer Nellie June has made no compromises with quality, artistic integrity, or with prioritising honesty in her craft.

Thinking back to that time it was as if I’d entered a vacuum. A vacuum where I had space to grieve and feel as brittle as an autumn leaf. I got to long for freedom from change that had been forced on me and chafed my skin like uncomfortable clothes. Music became an important place of recovery and processing of everything I’d been through over the past years.

After last year’s single *For Her*, written for the friend who passed away, and a number of live shows, Nellie June is once again releasing new music, this time her debut album. Through folk-inspired songwriting layered with an indie-pop sound, with influences such as Joni Mitchell and Laura Marling, Nellie June expresses both vulnerability and confidence in her intimate work.

”Nellie June has a rare, vibrating presence in her voice”. David Åhlén, Swedish artist and songwriter.

Changes is released on November 20 this year and is preceded by three singles from the album. The first single *Little Hearts* is out now.

Links

- [Press release of Changes](#)
- [Spotify](#)
- [Itunes](#)
- [Facebook](#)
- [Instagram](#)
- [YouTube](#)

Release dates

- October 9: *Little Hearts* (single)
- October 23: *2.0 In The Making* (single)
- November 6: *Gonna See Me* (single)
- November 20: *Changes* (album)

Credits

- Music and lyrics: Nellie Petersson
- Producer, musician, mixer: Nellie Petersson
- Mastering: Markus Nordlund, Dromedar studio
- Press photo by Anton Myrin
- Album cover by Nellie Petersson

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